

Activities to Share.

These resources have been carefully selected to encourage staff and carers to actively engage with patients and relatives, trigger treasured memories and encourage reminiscence.

Staff can borrow any of these items—The library will deliver directly to clinical areas.

What's it for?

This resource of activity equipment is designed to promote therapeutic engagement with patients with varying degrees of cognitive impairment.

Using activity as a form of therapy can enable staff, patients their carers and family to feel more involved and can help to alleviate distress caused by unfamiliarity.

Access.

If you wish to access any of the activities, simply contact the Education Centre Library. They will discuss options with you and bring your chosen activity to your clinical area.

Education Centre Library:

Tel: 01246 513035
Ext: 3035/3036
Email: crhft.library@nhs.net

Other resources available for Staff.

Books:

A range of books to help and support patients with Dementia.

Print & Electronic Journals:

Inc. Alzheimer's Research & Therapy, International Journal of Alzheimer's Disease & Dementia & Geriatric Cognitive Disorders.

NHS Evidence:

An A-Z of information & guidance on topics. Healthcare Database Inc. CINAHL, AMED & Medline. On-line access to E-books.

Ask at the library for further details.

Chesterfield Royal Hospital 
NHS Foundation Trust

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Chesterfield Royal Hospital 
NHS Foundation Trust

Activities to share: A Guide for Staff.



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Glyn Wildman

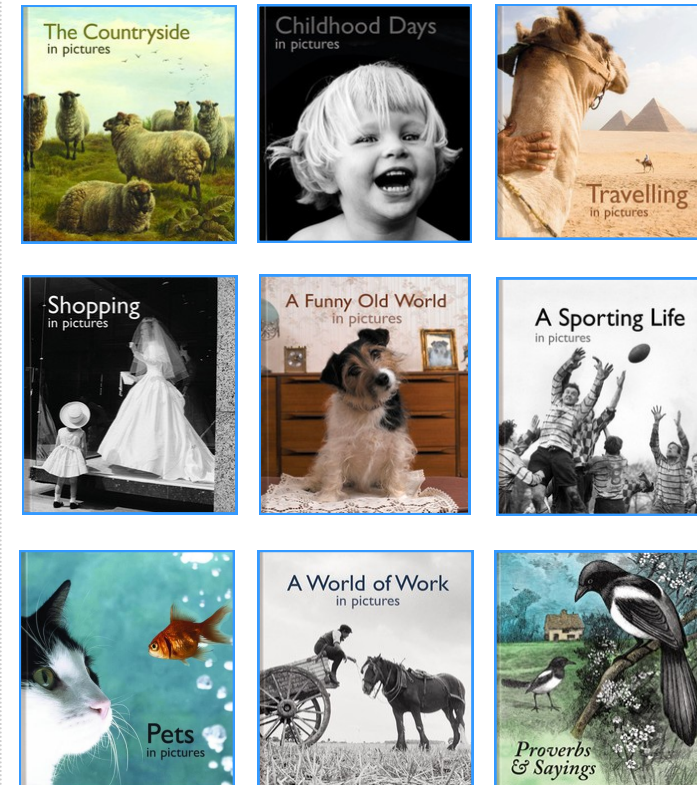
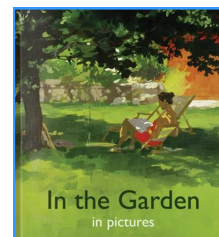
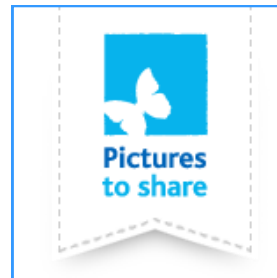
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Activities to Share: Available Resources.

<p>Reminiscence Box:</p> <p>16 memorable household items.</p>		 <p>Choking Risk Ensure supervision</p>
<p>Gear Wheels:</p> <p>A tactile and visual activity that produces a stunning visual effect.</p>		 <p>Choking Risk Ensure supervision</p>
<p>Beside the Seaside Reminiscence Box:</p> <p>13 memorable household items.</p>		 <p>Choking Risk Ensure supervision</p>
<p>Lock Box Game:</p> <p>There are 10 different locks to operate.</p>		
<p>Pipe Builder Puzzle:</p> <p>A practical, tactile construction activity.</p>		 <p>Choking Risk Ensure supervision</p>
<p>Hand Twiddler:</p> <p>Designed to keep Restless hands busy.</p>		

<p>Reminiscence Toy Box:</p> <p>12 traditional toys.</p>		 <p>Choking Risk Ensure supervision</p>
<p>House of Locks:</p> <p>A wooden house with different locks, latches, bolts to</p>		
<p>Bendy Skwish:</p> <p>Designed to keep restless hands busy.</p>		
<p>Mini Activity Loop:</p> <p>Wooden activity loop to keep fingers busy.</p>		



Picture to share books:

- Make communication easier.
- Reduce boredom, depression and isolation.
- Help deal with difficult behaviour.
- Encourage reminiscence.
- Provide an enjoyable activity.
- Work as an enjoyable distraction.